

Finger painting fun

6 -12 months

Finger paints are ideal for younger children who may not be able to hold a paintbrush. Your baby will need to wear old clothes or protective clothing.

It's a good idea to lay newspaper over a table or on a large area of the floor or set-up an area outside, weather permitting.

You will need a selection of finger paints and some large sheets of white paper. A paint tray is also useful so your child can put their whole hand into the paint!

Let your baby feel the texture of the paint and make any mark they want on the paper. You could demonstrate how to make marks and patterns with paint.

Watch and observe how your child enjoys this experience and the different marks they make on the paper.

Follow up ideas: *boost your child's confidence by displaying her 'paintings'. Once your child is walking, you could try a foot print painting and allow them to place a foot in the paint tray and walk onto a large sheet of paper.*



Please remember to recycle this activity